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A TWO-PHASE MODEL FOR PREDICTING THE COMPRESSIVE STRENGTH OF CONCRETE**C.C. Yang* and R. Huang****

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ABSTRACT

In order to study the strength of concrete, cement-based composite material specimens with different volume fractions (10%, 20%, and 30%) of aggregate and two water/(cement+ silicafume) ratios ($w/b=0.28$ and 0.6) were cast and tested. Theoretical analysis was investigated in this study by employing the theory of micromechanics. A new approach is proposed to obtain the average stress fields of inhomogeneities and matrix by use of the equivalent inclusion method and the concept of Mori-Tanaka theory. The uniaxial compressive strength of cement-based composite materials can be considered as a function of component properties of composite, and the volume fraction of aggregate. The compressive strength of concrete is controlled by the weakest component. The comparison is also made between theoretical results and the experimental data. *Copyright © 1996 Elsevier Science Ltd*

Introduction

A composite can be defined as a combination of at least two different materials. Usually the properties of multiphase composite should be superior to the properties of the individual phase and may have different properties of the original components. It is appropriate to consider concrete as a cement-based composite which consists of coarse aggregate embedded in a matrix of hydrated mortar.

Aïtcin and Neville (1) pointed out that the strength of normal strength concrete is controlled by the strength of the hydrated cement paste based on their experiments. In high-strength concrete, the strength of concrete is controlled by the weakest component (2), and the fracture surfaces pass through the coarse aggregate as well as the cement pastes (3). Aïtcin and Mehta (4) demonstrated that the compressive strength of high-strength concrete is limited by the strength of the aggregate. Baklbaki et al. (2) and Tighiouart et al. (5) provided some experimental results for the strength of concrete with different aggregates and mortars. Giaccio et al. (6) demonstrated that the influence of aggregate characteristics on concrete strength increases in high-strength concrete.

The stress disturbance due to the inhomogeneity can be simulated by an eigenstress caused by an inclusion when the eigenstrain is chosen properly (7). Such equivalency was

derived from the equivalent inclusion method. Mori and Tanaka (8) have applied the concept of average field to analyze the macroscopic properties of composite materials. The average field in a body contained inclusions with eigenstrain. In addition, the shape effect of dispersoids introduced in Eshelby's method (9) was applied to evaluate the properties of composite materials.

In this study, the strength of cement-based composites was obtained in the laboratory. A new approach was also made by employing micromechanics method to predict the compressive strength of concrete. In the theoretical model, concrete was considered as a two-phase composite and the bond between aggregate and matrix was assumed to be perfect. The average stress fields in mortar and aggregate were calculated and the compressive strength of concrete was controlled by the strength of the weakest component. Theoretical predictions were also compared with experimental data.

Experimental Program

In the experimental program, cement-based materials were made with different artificial aggregates and matrixes. The aggregates were made of portland cement paste. The composite specimens were cast and cured in the laboratory.

Aggregate. Artificial aggregates were cast using cement pastes with three water/cement ratios ($w/c=0.4, 0.5, \text{ and } 0.6$). The artificial aggregates were cast in the spherical mold and cured in water until casting the composite specimens. Specimens without aggregates ($\phi 150 \times 300 \text{ mm}$) were also cast and cured. At the age of 28 days, the elastic modulus and compressive strength of the composite specimens were determined according to ASTM C469-81 and ASTM C39-81, respectively.

TABLE 1
Mix Design (Kg/m^3)

| design -ation | Mortar Phase, per m^3 | | | | | Aggregate Phase, per m^3 | | |
|------------------|--------------------------------|--------|-------|-----------------|------|-----------------------------------|------------------------|---------------------------|
| | water | cement | sand | silica- fume | s p | aggregate | W/C of aggregate | volume fraction (%) |
| 341 | 209.7 | 692.5 | 996.9 | 59.8 | 15.7 | 226.6 | 0.4 | 10 |
| 351 | | | | | | 210.6 | 0.5 | |
| 361 | | | | | | 202.6 | 0.6 | |
| 342 | 186.3 | 615.3 | 871.8 | 53.2 | 13.9 | 453.2 | 0.4 | 20 |
| 352 | | | | | | 421.2 | 0.5 | |
| 362 | | | | | | 405.2 | 0.6 | |
| 343 | 162.9 | 538.1 | 1150. | 46.5 | 12.2 | 679.8 | 0.4 | 30 |
| 353 | | | | | | 631.8 | 0.5 | |
| 363 | | | | | | 607.8 | 0.6 | |
| 641 | 360.5 | 553.3 | 896.1 | 47.8 | 0 | 226.6 | 0.4 | 10 |
| 651 | | | | | | 210.6 | 0.5 | |
| 661 | | | | | | 202.6 | 0.6 | |
| 642 | 320.3 | 491.6 | 796.2 | 42.4 | 0 | 453.2 | 0.4 | 20 |
| 652 | | | | | | 421.2 | 0.5 | |
| 662 | | | | | | 405.2 | 0.6 | |
| 643 | 280.1 | 429.9 | 696.3 | 37.1 | 0 | 679.8 | 0.4 | 30 |
| 653 | | | | | | 631.8 | 0.5 | |
| 663 | | | | | | 607.8 | 0.6 | |

TABLE 2
Properties of Aggregate, Matrix and Composite

| design-ation | matrix | | | | aggregate | | | | | composite |
|--------------|--------|----------------|-------|----------------|-----------|--------------|----------------|-------|----------------|----------------|
| | w/b | E_m (GPa) | v_m | f_m (MPa) | w/c | V_a (%) | E_a (GPa) | v_a | f_a (MPa) | f_c (MPa) |
| 341 | 0.28 | 24.81 | 0.22 | 66.36 | 0.4 | 10 | 18.06 | 0.21 | 53.24 | 61.57 |
| 342 | | | | | | 20 | | | | 60.30 |
| 343 | | | | | | 30 | | | | 58.14 |
| 351 | | | | | 0.5 | 10 | 15.43 | 0.20 | 40.09 | 52.13 |
| 352 | | | | | | 20 | | | | 47.72 |
| 353 | | | | | | 30 | | | | 45.30 |
| 361 | | | | | 0.6 | 10 | 13.96 | 0.20 | 29.72 | 41.70 |
| 362 | | | | | | 20 | | | | 38.63 |
| 363 | | | | | | 30 | | | | 35.94 |
| 641 | 0.6 | 15.71 | 0.20 | 34.22 | 0.4 | 10 | 18.06 | 0.21 | 53.24 | 33.18 |
| 642 | | | | | | 20 | | | | 33.35 |
| 643 | | | | | | 30 | | | | 33.98 |
| 651 | | | | | 0.5 | 10 | 15.43 | 0.20 | 40.09 | 35.66 |
| 652 | | | | | | 20 | | | | 34.61 |
| 653 | | | | | | 30 | | | | 33.77 |
| 661 | | | | | 0.6 | 10 | 13.96 | 0.20 | 29.72 | 29.34 |
| 662 | | | | | | 20 | | | | 28.28 |
| 663 | | | | | | 30 | | | | 27.56 |

Cement-Based Composite. Two water/(cement+ silicafume) ratios ($w/c=0.28$ and 0.6) and different volume fractions ($a/t=0., 0.1, 0.2,$ and 0.3) of aggregate were considered in the mix proportions. The mix design of this investigation are given in Table 1.

Composite cylinders ($\phi 150 \times 300$ mm) were cast and cured. At the age of 28 days, the elastic moduli and compressive strength of the composites were measured according to ASTM C 469-81 and ASTM C 39-81, respectively. All the test results are the average of three specimens. The properties of aggregate, matrix and composite are shown in Table 2.

Theoretical Background

The relationship between the applied stress σ^o and the properties of the constituent materials of the composite is determined using micromechanics method. The average stresses in the inhomogeneities, $\sigma^o + \langle \sigma \rangle_{\Omega}$, and in the matrix, $\sigma^o + \langle \sigma \rangle_M$, are derived based on the equivalent inclusion method (7). From the view point of the average stress fields, the strength of the composite is controlled by the weakest component so that the fracture propagates when the average stress fields in the component reach its ultimate strength.

Model. Considering there exist spherical inhomogeneities, $\Omega = \sum_{i=1}^N \Omega_i$, with elastic moduli C^* and a volume fraction V_f randomly embedded in an infinite matrix with the stiffness C ,

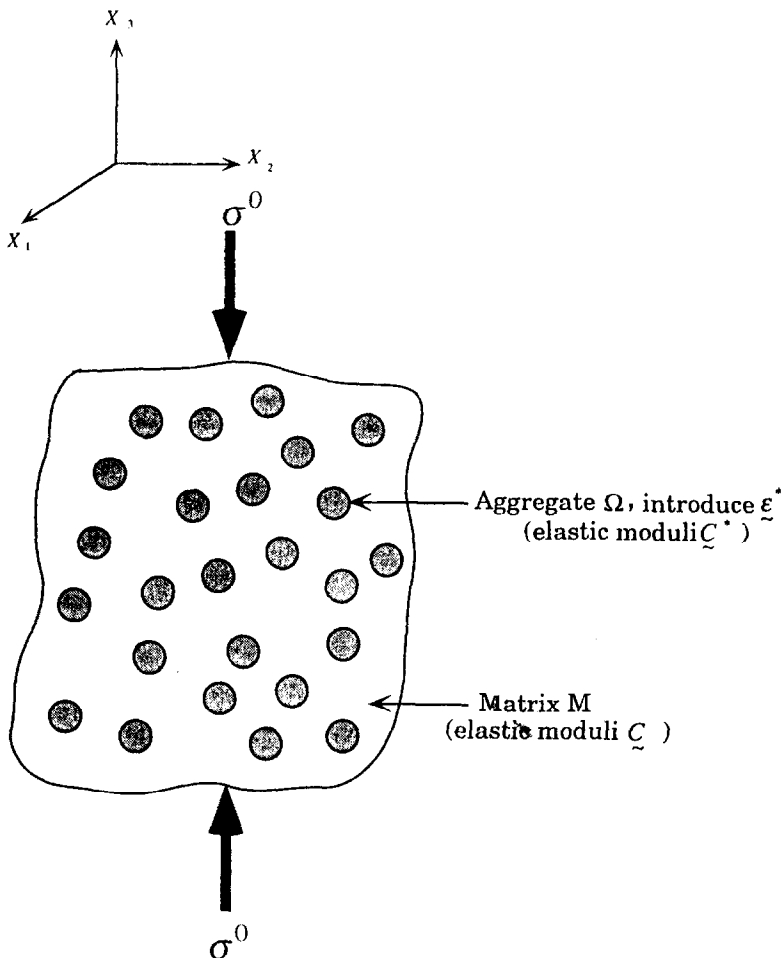


FIG. 1.

Spherical inclusions embedded in an isotropic infinite body under uniaxial compressive stress.

the stress disturbance in the applied compressive stress, σ^o , due to inhomogeneities can be simulated by the eigenstress caused by the fictitious misfit strain (Fig. 1). In this study, the fictitious misfit strain (eigenstrain), $\underline{\epsilon}^*$, was introduced to simulate the inhomogeneity effect.

By use of the equivalent inclusion method (7) and represent Mori-Tanaka theory (8), the total stress in the inhomogeneity can be as follows

$$\underline{\sigma}^o + \langle \underline{\sigma} \rangle_{\Omega} = \underline{\tilde{C}} \left\{ \underline{\tilde{C}}^{-1} \left(\underline{\sigma}^o + \langle \underline{\sigma} \rangle_M \right) + \langle \underline{\Delta\gamma} \rangle - \langle \underline{\epsilon}^* \rangle \right\} \tag{1}$$

or

$$\underline{\underline{\sigma}}^o + \langle \underline{\underline{\sigma}} \rangle_{\Omega} = \underline{\underline{C}}^* \left\{ \underline{\underline{C}}^{-1} \left(\underline{\underline{\sigma}}^o + \langle \underline{\underline{\sigma}} \rangle_M \right) + \langle \underline{\underline{\Delta\gamma}} \rangle \right\}, \tag{2}$$

where $\langle \underline{\underline{\Delta\gamma}} \rangle$ is the average disturbance strain caused by eigenstrain $\langle \underline{\underline{\epsilon}}^* \rangle$ in a single inhomogeneity and related to $\langle \underline{\underline{\epsilon}}^* \rangle$ by

$$\langle \underline{\underline{\Delta\gamma}} \rangle = \underline{\underline{S}} \langle \underline{\underline{\epsilon}}^* \rangle. \tag{3}$$

Where $\underline{\underline{S}}$ is the Eshelby tensor for a single inclusion which solely exists in an infinite homogeneous medium. The Eshelby tensor is a function of the geometry of the inclusion and Poisson's ratio of the matrix (see appendix).

Average Stress of Inclusions and Matrix. The average of the stress disturbance $\underline{\underline{\sigma}}$ is zero (7), i.e.,

$$V_f \langle \underline{\underline{\sigma}} \rangle_{\Omega} + (1 - V_f) \langle \underline{\underline{\sigma}} \rangle_M = 0. \tag{4}$$

The average disturbance stress in the inhomogeneities, $\langle \underline{\underline{\sigma}} \rangle_{\Omega}$, are obtained by solving eqn (1) and eqn (3), i.e.,

$$\langle \underline{\underline{\sigma}} \rangle_{\Omega} = \langle \underline{\underline{\sigma}} \rangle_M + \underline{\underline{C}} \left(\underline{\underline{S}} - \underline{\underline{I}} \right) \langle \underline{\underline{\epsilon}}^* \rangle, \tag{5}$$

where $\underline{\underline{I}}$ is the unit tensor. The second term in eqn (5), $\underline{\underline{C}} \left(\underline{\underline{S}} - \underline{\underline{I}} \right) \langle \underline{\underline{\epsilon}}^* \rangle$, is the average stress field in the inclusion when only one inclusion is considered. The average stress in the inclusion is taken as the sum of the average stress in the matrix and the stress for a single inclusion. This corresponds to the basic assumption in Mori-Tanaka's theory.

Substituting eqn (5) into eqn (4), the average disturbance stress in the matrix, $\langle \underline{\underline{\sigma}} \rangle_M$, is calculated as

$$\langle \underline{\underline{\sigma}} \rangle_M = -V_f \underline{\underline{C}} \left(\underline{\underline{S}} - \underline{\underline{I}} \right) \langle \underline{\underline{\epsilon}}^* \rangle. \tag{6}$$

Using eqns (5) and (6), the average disturbance stress in the inhomogeneities, $\langle \underline{\sigma} \rangle_{\Omega}$, is rewritten as

$$\langle \underline{\sigma} \rangle_{\Omega} = (1 - V_f) \underline{C} (\underline{S} - \underline{I}) \langle \underline{\varepsilon}^* \rangle. \tag{7}$$

Substituting eqns (6) and (7) into eqn (2) and solving for $\langle \underline{\varepsilon}^* \rangle$, have

$$\langle \underline{\varepsilon}^* \rangle = \alpha^{-1} (\underline{C} - \underline{C}^*) \underline{C}^{-1} \underline{\sigma}^o \tag{8}$$

with
$$\alpha = (1 - V_f) (\underline{C}^* - \underline{C}) \underline{S} - V_f (\underline{C} - \underline{C}^*) + \underline{C} \tag{9}$$

Substituting eqn (8) into eqns (6) and (7), the average total stresses in the matrix and in the inhomogeneities are obtained as

$$\underline{\sigma}^o + \langle \underline{\sigma} \rangle_M = \left[\underline{I} - V_f \underline{C} (\underline{S} - \underline{I}) \alpha^{-1} (\underline{C} - \underline{C}^*) \underline{C}^{-1} \right] \underline{\sigma}^o \tag{10}$$

and

$$\underline{\sigma}^o + \langle \underline{\sigma} \rangle_{\Omega} = \left[(1 - V_f) \underline{C} (\underline{S} - \underline{I}) \alpha^{-1} (\underline{C} - \underline{C}^*) \underline{C}^{-1} + \underline{I} \right] \underline{\sigma}^o. \tag{11}$$

Strength. The ultimate applied stresses in matrix and inhomogeneities ($\underline{\sigma}_m^o$ and $\underline{\sigma}_{\Omega}^o$) are obtained when the average stress reaches the strength of the matrix or inhomogeneities. If $\underline{\sigma}_m^o$ is less than $\underline{\sigma}_{\Omega}^o$, the composite strength \underline{f}_c is controlled by the matrix strength \underline{f}_m . If $\underline{\sigma}_{\Omega}^o$ is less than $\underline{\sigma}_m^o$, the composite strength \underline{f}_c is controlled by the inhomogeneity strength \underline{f}_a .

When the average stress in the matrix, $\underline{\sigma}^o + \langle \underline{\sigma} \rangle_M$, reaches the strength of matrix \underline{f}_m , the ultimate applied compressive stress $\underline{\sigma}_m^o$ can be obtained from eqn (10) and expressed as

$$\underline{\sigma}_m^o = \left[\underline{I} - V_f \underline{C} (\underline{S} - \underline{I}) \alpha^{-1} (\underline{C} - \underline{C}^*) \underline{C}^{-1} \right]^{-1} \underline{f}_m. \tag{12}$$

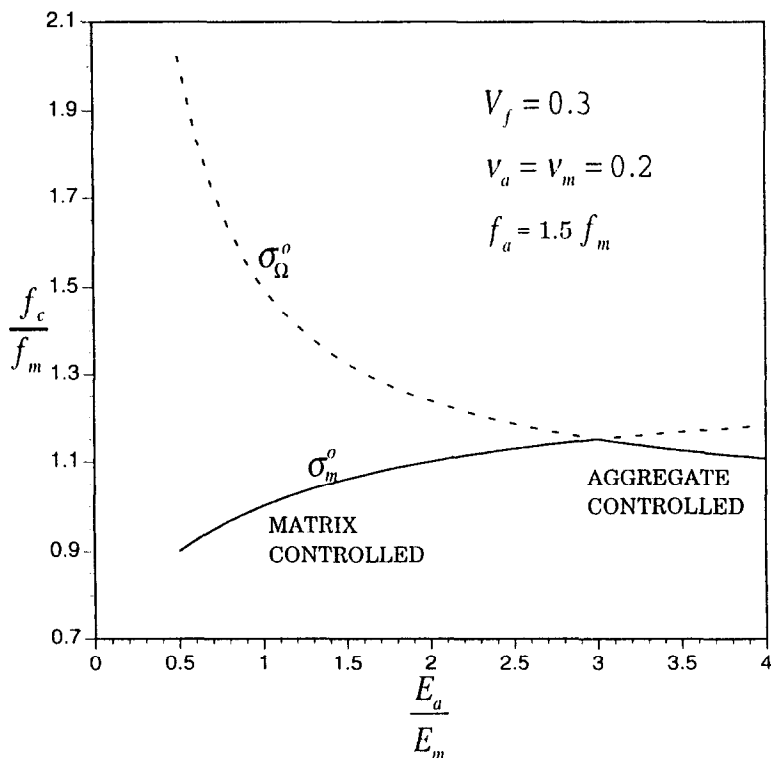


FIG. 2.

$$f_c/f_m \text{ vs. } E_a/E_m \text{ curve } (f_a = 1.5 f_m)$$

When the average stress in inhomogeneities, $\sigma_{\Omega}^o + \langle \sigma \rangle_{\Omega}$, reaches the strength of inhomogeneities f_a , the ultimate applied compressive stress σ_{Ω}^o can be derived from eqn (11) and expressed as

$$\sigma_{\Omega}^o = \left[(I - V_f) C (S - I) \alpha^{-1} (C - C^*) C^{-1} + I \right]^{-1} f_a \tag{13}$$

Thus, composite strength f_c is determined by σ_m^o or σ_{Ω}^o whichever is smaller.

Results and Discussions

The Poisson's ratio for matrix and aggregate is 0.2 ($v_m = v_a = 0.2$) and volume fraction of aggregate is 0.3 ($V_f = 0.3$). A dimensionless parameter f_c/f_m is introduced. Figures 2 and 3

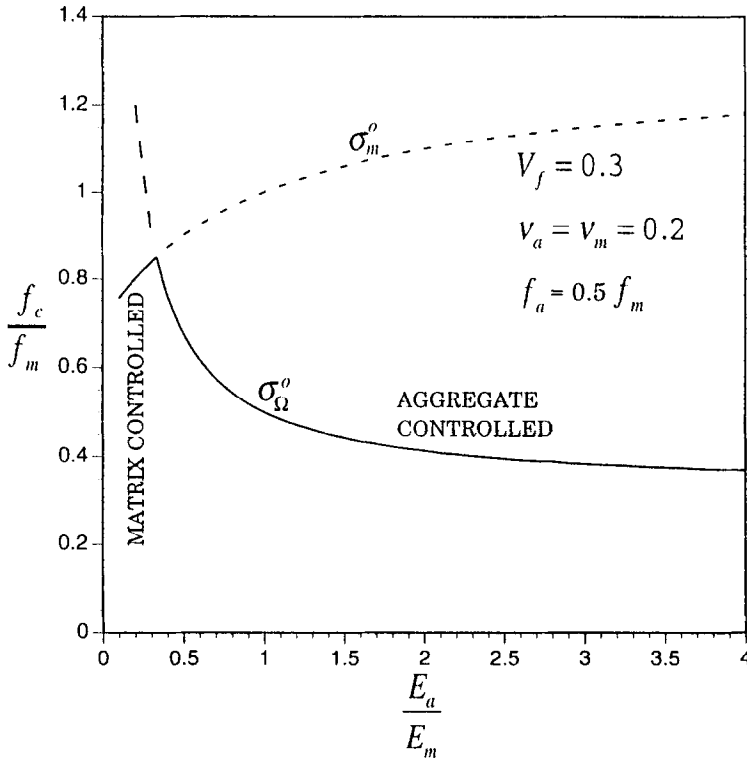


FIG. 3.

$$f_c/f_m \text{ vs. } E_a/E_m \text{ curve } (f_a = 0.5 f_m)$$

show that the relationship between f_c/f_m and E_a/E_m (elastic modulus of aggregate/elastic modulus of matrix) for different aggregate strengths.

The effect of aggregate strength on the composite strength is illustrated in Figs. 2 and 3. When the E_a/E_m ratio is less than 3 and f_a is equal to $1.5 f_m$, the strength of composite is controlled by the matrix strength. Consider that f_a (the strength of aggregate) is 1.5 times of f_m (the strength of matrix), and the ratio of E_a/E_m is between 1 and 3, although the composite strength is controlled by matrix. However, the composite strength is higher than the matrix strength. In the case of $f_a < f_m$ as shown in Fig. 3, the composite strength decreases and the peak value of composite strength shifts to the left when the strength of aggregate decreases.

The experimental strength of cement-based composites were obtained from the test. The elastic moduli and Poisson's ratios of aggregate and matrix are presented in Table 2. From eqns (12) and (13), the applied stresses σ_m^o and σ_Ω^o are obtained when the average stress reaches the strength of the matrix and aggregate, respectively. If σ_m^o is less than σ_Ω^o , the composite strength is controlled by the matrix. If σ_Ω^o is less than σ_m^o , the composite strength

TABLE 3
Compressive Strength of Concrete, Measured and Calculated Values

| designation | applied stress | | concrete compressive strength | | $\left(\frac{f_c^* - f_c^{\#}}{f_c^{\#}}\right) \times 100$ (%) |
|-------------|-----------------------------------|-----------------------------------|----------------------------------|-----------------------------------|--|
| | σ_m^* (MPa) Eq. (12) | σ_u^* (MPa) Eq. (13) | f_c^* (MPa) (calculated) | $f_c^{\#}$ (MPa) (measured) | |
| 341 | 65.30 | 62.31 | 62.31 | 61.57 | 1.20 |
| 342 | 64.25 | 61.30 | 61.30 | 60.30 | 1.66 |
| 343 | 63.19 | 60.30 | 60.30 | 58.14 | 3.72 |
| 351 | 64.79 | 51.30 | 51.30 | 52.13 | -1.59 |
| 352 | 63.22 | 50.06 | 50.06 | 47.42 | 5.57 |
| 352 | 61.64 | 48.81 | 48.81 | 45.30 | 7.75 |
| 361 | 64.48 | 40.30 | 40.30 | 41.70 | -3.36 |
| 362 | 62.60 | 39.13 | 39.13 | 38.63 | 1.29 |
| 363 | 60.72 | 37.95 | 37.95 | 35.94 | 5.59 |
| 641 | 34.47 | 50.01 | 34.47 | 33.18 | 3.89 |
| 642 | 34.72 | 50.37 | 34.72 | 33.35 | 4.11 |
| 643 | 34.96 | 50.72 | 34.96 | 33.98 | 2.88 |
| 651 | 35.73 | 40.42 | 35.73 | 35.66 | 0.20 |
| 652 | 35.70 | 40.38 | 35.70 | 34.61 | 3.15 |
| 653 | 35.66 | 40.34 | 35.66 | 33.77 | 5.60 |
| 661 | 35.55 | 31.62 | 31.62 | 29.34 | 7.77 |
| 662 | 35.34 | 31.43 | 31.43 | 28.28 | 11.14 |
| 663 | 35.13 | 31.24 | 31.24 | 27.56 | 13.35 |

is controlled by the aggregate. The comparisons of analytical compressive strength and the experimental results of the cement-based are displayed in Table 3. The theoretical predictions have a fair agreement with the experimental results.

TABLE 4
The Mechanical Properties of Mortars and Aggregates

| author [year] | aggregate type | aggregate | | | | mortar | | | |
|--------------------------------|-------------------|----------------|---------|----------------|--------------|--------|----------------|---------|----------------|
| | | E_n (GPa) | ν_n | f_n (MPa) | V_f (%) | w/c | E_m (GPa) | ν_m | f_m (MPa) |
| Baalbaki et al. [1991] | quartzite | 42 | .16 | 96 | 40.0 | .27 | 38 | .20 | 108 |
| | limestone | 49 | .14 | 115 | 40.0 | .27 | 36 | .20 | 106 |
| | sandstone | 40 | .10 | 147 | 40.0 | .27 | 38 | .20 | 108 |
| Tighiouart et al. [1994] | limestone | 68 | .16 | 295 | 37.5 | .50 | 30 | .18 | 45.1 |
| | granite | 66 | .10 | 220 | 38.6 | .50 | 30 | .18 | 45.1 |
| | quartzite | 44 | .14 | 87 | 38.6 | .50 | 30 | .18 | 45.1 |
| | sandstone | 37 | .08 | 205 | 41.5 | .50 | 30 | .18 | 45.1 |
| | limestone | 68 | .16 | 295 | 37.5 | .27 | 39 | .18 | 88.6 |
| | granite | 66 | .10 | 220 | 38.6 | .27 | 39 | .18 | 88.6 |
| | quartzite | 44 | .14 | 87 | 38.6 | .27 | 39 | .18 | 88.6 |
| | sandstone | 37 | .08 | 205 | 41.5 | .27 | 39 | .18 | 88.6 |
| | limestone | 68 | .16 | 295 | 37.5 | .22 | 42 | .18 | 104.6 |
| | granite | 66 | .10 | 220 | 38.6 | .22 | 42 | .18 | 104.6 |
| | quartzite | 44 | .14 | 87 | 38.6 | .22 | 42 | .18 | 104.6 |
| | sandstone | 37 | .08 | 205 | 41.5 | .22 | 42 | .18 | 104.6 |

TABLE 5
Compressive Strength of Concrete, Measured and Calculated Values

| aggregate type | mortar | | applied stress | | concrete compressive strength | | author [year] |
|----------------|--------|--------------------------------|--------------------------------|-------------------------------|--------------------------------|--------------------------|---------------|
| | W/C | σ_m'' (MPa) Eq. (12) | σ_n'' (MPa) Eq. (13) | f_c^* (MPa) (calculated) | $f_c^{\#}$ (MPa) (measured) | | |
| quartzite | 0.27 | 110 | 94 | 94 | 99 | Baalbaki et al. [1991] | |
| limestone | 0.27 | 112 | 107 | 107 | 106 | | |
| sandstone | 0.27 | 108 | 147 | 108 | 107 | | |
| limestone | 0.50 | 51.7 | 243.5 | 51.7 | 56.2 | Tighiouart et al. [1994] | |
| granite | 0.50 | 51.4 | 184.2 | 51.4 | 59.5 | | |
| quartzite | 0.50 | 48.3 | 78.8 | 48.3 | 53.4 | | |
| sandstone | 0.50 | 46.7 | 196.1 | 46.7 | 57.2 | | |
| limestone | 0.27 | 97.5 | 255.9 | 97.5 | 92.1 | | |
| granite | 0.27 | 96.9 | 193.8 | 96.9 | 100.3 | | |
| quartzite | 0.27 | 90.4 | 84.4 | 84.4 | 93.4 | | |
| sandstone | 0.27 | 87.0 | 211.6 | 87.0 | 113.3 | | |
| limestone | 0.22 | 113.8 | 260.1 | 113.8 | 117.2 | | |
| granite | 0.22 | 113.0 | 197.0 | 113.0 | 127.4 | | |
| quartzite | 0.22 | 105.2 | 86.3 | 86.3 | 103.3 | | |
| sandstone | 0.22 | 101.1 | 216.7 | 101.1 | 118.8 | | |

By reviewing the previous study (2, 5), the experimental results of the concrete compressive strength with different aggregates (quartzite, limestone, granite, and sandstone) were reported by Baalbaki et al. (2) and Tighiouart et al. (5). The aggregate volume fraction ranged from 37 percent to 40 percent and the water/cement ratios were 0.20, 0.27, and 0.5. Table 4 shows the mechanical properties of mortar and aggregates. The aggregates specimens ($\phi 52 \times 104$ mm) were cored from intact rectangular blocks. The mechanical characteristics of aggregates were determined according to ASTM D 2938 for compressive strength and ASTM D 3148 for elastic modulus and Poisson's ratio. The size of specimens used for concrete compressive strength tests at 91 days was $\phi 100 \times 200$ mm and for mortar was $\phi 52 \times 104$ mm. Tables 5 display the comparisons between the analytical compressive strengths and the experimental results.

It appears that the calculated compressive strengths agree fairly with the experimental results. The shape effect is not taken into account in the analytical procedure.

Conclusions

A theoretical approach for estimating the compressive strength of concrete composite materials is proposed by considering concrete as a two-phases composite (it assumes that the bond is perfect between mortar and aggregate). Based on the theoretical predictions and experimental results, the compressive strength of concrete is mainly influenced by the properties and the volume fraction of aggregate. The compressive strength of concrete is not always limited by the strength of its components; the concrete strength may be higher than the strength of its components (see Fig. 2 and Fig. 3). When the effect of maximum aggregate size is not accounted for, the theoretical predictions are fairly close to the experimental

results even if the shape effect of aggregate is not taken into account. This study is an initiation to apply micromechanics on the strength of concrete. More extensive and more refined researches need to be done to consider the failure of transition zone.

Acknowledgment

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Appendix

The Eshelby's tensor \tilde{S} for sphere inclusion is listed below (7).

$$S_{1111} = S_{2222} = S_{3333} = \frac{7 - 5\nu}{15(1 - \nu)}$$

$$S_{1122} = S_{2233} = S_{3311} = S_{1133} = S_{2211} = S_{3322} = \frac{5\nu - 1}{15(1 - \nu)}$$

$$S_{1212} = S_{2323} = S_{3131} = \frac{4 - 5\nu}{15(1 - \nu)}$$

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